TEN-MINUTE TEAM DISCUSSION

After a Tough Loss

Use it when: The team lost a game, a pitch or a deadline. Use it the next day, not straight after.

The situation: The team lost something it cared about. Some people blame themselves, some blame others, and some don't want to talk about it at all.

LEADER OPENS WITH

Work: "That result was disappointing. Let's take ten minutes to look at what we can learn and what we'll do next."

Team or club: "We win together and we lose together. Let's learn what we can from it and move on together."

Run it

1. **2 min** Each person names one thing the team did well, even in the loss.
2. **5 min** Ask: "What was in our control that we'd do differently?" Write answers where everyone can see them.
3. **3 min** Pick one thing to focus on this week, and choose who will check on it.

We agreed

Check-in owner: _____ **Date:** _____