TEAM RULES TEMPLATE

Our Team Agreements

Written by the team, for the team. Keep each one short, specific and something you can see.

Team _____ Season _____

How we prepare *e.g. We're ready to start five minutes before practice, with our gear.*

How we compete *e.g. Full effort on every rep, even in drills we don't like.*

How we treat each other *e.g. We learn every teammate's name and pull in anyone on the edges.*

How we handle mistakes *e.g. After a mistake we say "next play," never roll our eyes.*

The group chat *e.g. No posts about teammates who aren't in the chat. Problems go to the person, not the group.*

Respect for coaches, officials and opponents *e.g. Only captains talk to officials, and always calmly.*

When someone breaks an agreement *e.g. A teammate checks in privately first; captains bring repeated issues to the coach.*

We agree. (Everyone signs.)