FOR PARENTS AND GUARDIANS

Welcome to the Season

What to expect, how we communicate, and how you can help.

Team _____ Coach _____

Coach email / phone _____ Best time to reach _____

Our goals this season

We want every player to improve, compete hard, treat people well and enjoy being part of a team. Winning matters, and so does who our players become while we chase it.

How playing time is decided

Playing time is the coach's decision. It's based on:

- ☐ _____
- ☐ _____
- ☐ _____

The 24-hour rule

Emotions run high right after games. Please wait 24 hours before contacting a coach about a game, and never approach a coach about playing time on the field, court or in the parking lot.

Who to talk to, in this order

1. The player talks to the coach. This is a life skill, and coaches will always give a straight answer.
2. If it isn't resolved, the parent emails the coach to set up a meeting (with the player, when appropriate).
3. If it still isn't resolved, contact the athletic director or program leader.

What we won't discuss

Other players, or game strategy. We're always glad to talk about your child's growth and role.

How you can help

- ☐ Cheer for every player on the team, not just your own.
- ☐ Let coaches coach during games; encourage effort and attitude.
- ☐ Ask your child "What did you learn?" and "Did you have fun?" more than "Did you win?"
- ☐ Get your player to practice on time, rested and fed.

Key dates

_____ _____

_____ _____

_____ _____